

Singing in the Wild

Tues 15th April to Sun 20th April 2025



A Transformational Voice Retreat with Anthony Johnston

Awaken your 'natural voice' - a tool for authentic expression,
embodied presence & personal transformation

Singing in the Wild offers a unique journey of self-discovery, that combines time-honoured wisdom with contemporary communication practices. We use a combination of breath work, voice, song, nature connection, contemplation and ritual to guide you on a deeply personal and transformative journey.

Over thirty years of exploration have helped shape this unique offering to give you the best possible opportunity to:

- Awaken and express your natural voice
- Find your authentic expression
- Unlock deeper layers of connection with yourself, others, and nature
- Release stuck patterns and inhibitions
- Transform your communication and relational skills

"I feel so inspired and enlivened to have experienced my voice as such an incredible vessel for self expression and self-discovery ... Parts of myself that often don't often get expressed were set free".

This is a therapeutic approach to the voice, one where participants take risks in their own time and at their own pace. The process is both respectful and non-judgemental, and affirms each individual's choice to 'jump' or not.



“I have never attended a workshop so liberating, simple, profound, challenging, connecting, inspiring, joyful, poignant and insightful as this one! I am literally FULL in mind, body and soul”.

THE VENUE

Bala Brook Retreat Centre, South Brent, Devon TQ10 9ED

Bala Brook is a very special place set in an outstanding location. Formerly a Buddhist Retreat Centre, it has been hosting retreats for many years. It is a nurturing, wild and inspiring setting, positioned in its own grounds on the edge of Dartmoor National Park. The surrounding land is an ancient and ever changing landscape that will enrich and inspire our time together.

ACCOMMODATION

The Centre has a series of recently refurbished single and double bedrooms that offer a high level of comfort - no bunk beds or dormitory style rooms. All of the rooms are warm and well catered for, and have excellent views to the outside gardens and the surrounding Dartmoor landscape.

FOOD

All of our food is vegetarian, delicious and locally sourced wherever we can and lovingly prepared by our skilled cook.

All meals, snacks and drinks are included in the cost of the retreat.



*"I honestly don't know what it is he does exactly, or how he does it.
But he does it every time – magic happens and we enter sacred space and wonderful
things come."*

ABOUT ANTHONY

Anthony is a group facilitator, coach, choir leader and a musician, based in Devon, UK. He is the founder of Singing in the Wild, having run over fifty retreats over 30 years.

"I've been on a path of personal and spiritual growth, exploring how authentic communication and the conscious use of voice can take us beyond our thoughts, to a place of deep connection, simplicity and oneness".

"I've been humbled to have witnessed hundreds of people find their voice and unlock their true expression. The relief this brings, the acceptance and the joy is always inspiring. From this place, our natural state of well being, life is full of possibility, purpose and vision."

"With my wife Paloma, I am co-director of "The Village Soul Project CIC", a not for profit, community interest company that is sponsoring this retreat."



TIMES OF ARRIVING & LEAVING

You are welcome to arrive from 5.00pm on Tuesday 15th April.

The retreat finishes at 4pm on Sunday 20th April.

Please do not aim to arrive late or to leave before the retreat has ended.

PRICES

Early bird price - before 1st March

Shared rooms - £750 (e/b £150 saving) Single rooms - £900 (£150 saving)

After 1st March

Shared rooms - £900 Single rooms - £1,050

Financial Support

We believe that Singing in the Wild offers great value for money, but if money is an issue, please get in touch to arrange a payment plan.

We offering two subsidised places, please enquire.

Places are limited to 16

HOW TO REGISTER AND BOOK

Get in touch and book a call

Let's meet - this is a complimentary call and carries no obligation to sign up.

It is an opportunity to ask any questions, to learn more about the retreat and to see whether Singing in the Wild is a fit.

Pay a Deposit

To reserve your place, please send a deposit of £200.

Please see our cancellation policy.

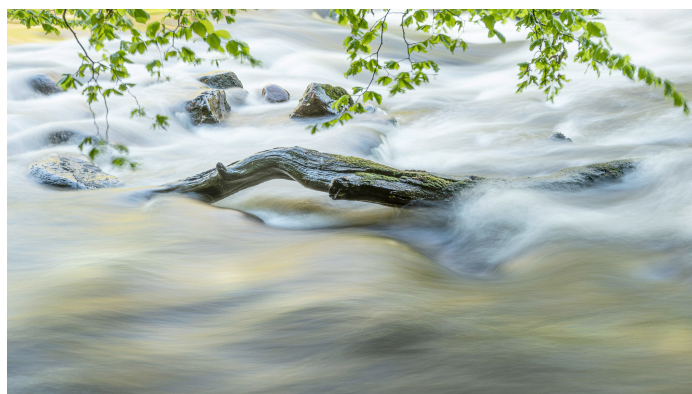
Fill in the Application Form

After receiving your deposit, and so we can best support you during the retreat, we will send you an application form to fill out.

All answers will be treated in the strictest confidence.

Receive Confirmation

After approving your application, we will send you further information about the Retreat - directions, what to bring and how to prepare.



THE VILLAGE SOUL PROJECT CIC

Singing in the Wild is sponsored by our not-for-profit organisation "The Village Soul Project CIC" that runs and hosts events in support of personal growth and enhanced mental and emotional wellbeing.